

**Light the Way Christian Counseling Center Intake & Treatment Plan**

Intake Date: \_\_\_\_\_

Referral Source: \_\_\_\_\_

Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_(H)

\_\_\_\_\_ (W)

\_\_\_\_\_ (C)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Change of Address

\_\_\_\_\_

Change of Address

Gender: M F

Current Marital Status: \_\_\_\_\_ Allergies: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Other members of the household: \_\_\_\_\_ age \_\_\_\_\_

\_\_\_\_\_ age \_\_\_\_\_ age \_\_\_\_\_

\_\_\_\_\_ age \_\_\_\_\_ age \_\_\_\_\_

\_\_\_\_\_ age \_\_\_\_\_ age \_\_\_\_\_

Employment (current): \_\_\_\_\_

(history): \_\_\_\_\_

School/Grade: \_\_\_\_\_

Presenting Problem: (Why today?) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Treatment History: (When, why, with whom, what?) \_\_\_\_\_

\_\_\_\_\_

Personal Strengths: \_\_\_\_\_

\_\_\_\_\_

Social Support System (including activities): \_\_\_\_\_

\_\_\_\_\_

**Functional Impairments:**

Severity Rating: 1= mild 2= moderate 3= severe (how do the symptoms impair functioning or place client at risk)

Area Severity Description

Job/school

Relationships/

Family

Other

Faith Foundation:

Faith History: \_\_\_\_\_

Level of Spirituality: (low) 1 2 3 4 5 6 7 8 9 10 (high)

Current Risk Factors:

- Suicidality: None \_\_\_\_ Ideation \_\_\_\_ Plan \_\_\_\_ Intent w/o means \_\_\_\_ Intent w/ means \_\_\_\_
- Homicidality: None \_\_\_\_ Ideation \_\_\_\_ Plan \_\_\_\_ Intent w/o means \_\_\_\_ Intent w/ means \_\_\_\_
- If Risk Exists: Client is able to contract not to harm: Self \_\_\_\_ Others \_\_\_\_ Crisis # given: \_\_\_\_
- Impulse Control: Sufficient \_\_\_\_ Moderate \_\_\_\_ Minimal \_\_\_\_ Inconsistent \_\_\_\_ Explosive \_\_\_\_
- Substance Use: None \_\_\_\_ Min/Mod \_\_\_\_ Abuse \_\_\_\_ Dependence \_\_\_\_ Unstable remission \_\_\_\_
- Specify substance(s), quantity, frequency, date of last use, ability to abstain & prior CD treatment: \_\_\_\_\_

Significant Social/Family History:

Primary Physician:

Medical History & Current Concerns:

Current Medications: (including prescribing physician & compliance):

**Mental Status Exam**

Dress: unusual \_\_ unclean \_\_ unkempt \_\_ normal \_\_ other \_\_\_\_  
Hygiene: poor \_\_ fair \_\_ normal \_\_ other \_\_\_\_  
Orientation: person \_\_ place \_\_ time \_\_  
Memory: recent: impaired \_\_ intact \_\_ remote: impaired \_\_ intact \_\_

*Sensorium*

Vision: intact \_\_ impaired \_\_ corrected \_\_  
Hearing: intact \_\_ impaired \_\_ corrected \_\_

*Mood*

depressed \_\_ blunted \_\_ manic \_\_ angry \_\_ anxious \_\_ appropriate \_\_  
inappropriate \_\_

*Perception*

Hallucinations: visual \_\_ auditory \_\_ none \_\_ other \_\_\_\_

*Thought Processes:*

logical \_\_ loose \_\_ tangential \_\_ rigid \_\_ flights of ideas \_\_ scattered \_\_  
delusional (type) \_\_ obsessional \_\_ phobic \_\_ ambivalent \_\_  
hopeless \_\_ narcissistic \_\_ persecutory \_\_ other \_\_\_\_

*Insight:*

poor \_\_ fair \_\_ good \_\_

*Judgement:*

poor \_\_ fair \_\_ good \_\_

*Motor Behavior:*

slowed \_\_ hyperactive \_\_ normal \_\_ other: \_\_\_\_

*Speech:*

quiet \_\_ pressured \_\_ affected \_\_ normal \_\_ other \_\_\_\_

## Treatment Plan

Diagnostic Impressions:

\_\_\_\_\_(Principal Diagnosis)  
\_\_\_\_\_  
\_\_\_\_\_

Presenting Problem: \_\_\_\_\_

As Evidenced by: \_\_\_\_\_

Long-term Goal: \_\_\_\_\_

Short-term Objective	Strategies	Target Date

Presenting Problem: \_\_\_\_\_

As Evidenced by: \_\_\_\_\_

Long-term Goal: \_\_\_\_\_

Short-term Objective	Strategies	Target Date

Type of Service(s) needed: Individual Therapy \_\_\_\_\_ Trauma Therapy \_\_\_\_\_  
Family Therapy \_\_\_\_\_ Group Therapy \_\_\_\_\_

\_\_\_\_\_  
Therapist

Date: \_\_\_\_\_

\_\_\_\_\_  
Client

Date: \_\_\_\_\_

\_\_\_\_\_  
Supervisor where Applicable

Date: \_\_\_\_\_

A copy of Light the Way client handbook was reviewed and sent home: Y\_\_\_ N\_\_\_